

# Intarsia Ins & Outs Cowl

Practice your intarsia with these small squares, then assemble them into a colorful cowl. Use up stash and make each square different, or make each group of four squares different. Line the squares up vertically or horizontally, or half of each before you join. Then go around and around on the sides, either in plain stripes or try out intarsia "in the round." Lots of ways to color this cowl as you like, either with fresh yarn, leftovers, or stash!



Cascade Yarns **Cascade 220** [100% wool; 220 yds (200 m)/ 3.5 oz (100 g)]: 1 skein each 9572 cabernet, 9611 zinfandel, cedar green #8640, 8114 dusty rose, (A, B, C, D) and 8339 marine (E)

## Color Groups

### Colorway A

cabernet (A), zinfandel (B), cedar green (C), dusty rose (D)

### Colorway B

zinfandel (A), cedar green (B), dusty rose (C), cabernet (D)

### Colorway C

cedar green (A), dusty rose (B) cabernet (C), zinfandel (D)

### Colorway D

dusty rose (A), cabernet (B), zinfandel (C), cedar green (D)

## Square

With A and using larger straight needles, cast on 21 sts. Using intarsia techniques, work from chart specified for 29 rows. Bind off purlwise. Work any necessary duplicate stitch.

## Notes

Cowl requires charts from the Intarsia Ins and Outs class to complete.

Add smaller motifs on charts (12 sts or less) with duplicate stitch after knitting is complete. Squares can be joined end to end, side by side, or a combination of both.

## Cowl

Following four charts in class handout, make one of each square in each of four colorways A, B, C, and D—16 squares. Steam block squares to reduce edge roll.

## Join Squares

Arrange the four squares of each colorway in order, either end to end

## FINISHED MEASUREMENTS

### Width x Circumference

7½ x 73" [19 x 185.5 cm]

## MATERIALS

220 yds [200 m] #4 medium wt yarn each in five colors

Stitch markers, yarn needle

US 7 [4.5mm] and US 5 [3.75mm] needles or size needed to get gauge!

US 5 [3.75mm] 60" [150 cm] circular needle

## GAUGE

20 sts, 28 rows = 4" [10 cm] in St st with larger needles

19 sts, 36 rows = 4" [10 cm] in garter st with smaller needles

## ABBREVIATIONS

RS = Right Side

WS = Wrong Side

St st = Stockinette Stitch: working flat, knit on RS, purl on WS; working in the round, knit all sts every round

k = knit

k2tog = knit 2 stitches together

p = purl

rep = repeat

rnd(s) = round(s)

st(s) = stitch(es)

## TECHNIQUES

**3-needle bind-off** Holding needles with stitches to be joined parallel, \*insert needle through both first stitches, pull wrap through both stitches, slide old stitch off; repeat from \* once, bind off one stitch. Repeat until specified number of stitches have been bound off.

**intarsia in the round** Work as for flat intarsia, interlocking yarns at color junctions on both RS and WS "rounds." At beginning of each round, yarn over; at end of each round, join ends of round by working last stitch together with yarn over from beginning of round.

or side by side or a mixture. Arrange colorways in order A, B, C, D. Join all 16 squares using one or more of the following methods:

**To join squares end to end** With smaller needles, E, and RS facing, pick up and knit 20 sts at bottom of the first square; knit 1 row. Cut yarn. With smaller needles, E, and RS facing, pick up and knit 20 sts at top of second square; knit 1 row.

With RS of two squares facing each other and WS facing out, work 3-needle bind-off; fasten off. Repeat for all end to end squares, joining the bottom of the previous square to the top of the next square.

**To join squares side by side** With smaller needles, E, and RS facing, pick up and knit 20 sts on right side of the first square; knit 1 row. Cut yarn. With smaller needles, E, and RS facing, pick up and knit 20 sts on left side of second square; knit 1 row.

With RS of two squares facing each other and WS facing out, work 3-needle bind-off; fasten off. Repeat for all end to end squares, joining right edge of previous square to left edge of next square.

**To join an end to a side or side to an end** Pick up on end attached to squares already joined using appropriate method for bottom or right edge as described above; knit 1 row. Cut yarn. Pick up on square to be added using appropriate method for top or left edge as described above; knit 1 row.

With RS of two squares facing each other and WS facing out, work 3-needle bind-off; fasten off. Repeat for all mixed orientation squares.



## Join 16-square strip into a circle

Pick up on bottom or right edge of strip as described above; knit 1 row. Cut yarn. Pick up on top or left edge of strip as described above; knit 1 row. With RS of each end facing each other and WSs facing out, work 3-needle bind-off; fasten off.

## Borders

### Garter Border

*When picking up on cast on or bind off edges, insert needle through back loop of bind off only. Leaving half the stitch on the RS of the work will reduce the tendency to roll of Stockinette stitch.*

With small circular needle, E, RS facing, and beginning at right side of end to end squares/top of side by side squares, pick up and knit 20 sts along the square plus 3 sts in joins—368 sts. Join to work in the round, placing marker.

Purl 1 round, cut E; join zinfandel.

Rnd 1 Knit.

Rnd 2 Purl.

Repeat last 2 rnds with cedar green and cabernet. With zinfandel, knit 1 round; bind off knitwise.

## Credits

Photography: Beth Whiteside

Layout: Beth Whiteside



# Intarsia Ins and Outs Cowl

## Intarsia Welt Stripe Border

*When picking up on cast on or bind off edges, insert needle through back loop of bind off only. Intarsia "in the round" is actually intarsia worked flat but with a special joining technique where the beginning and end of rows meet.*

With smaller circular needle, E, and RS facing, pick up and knit 20 sts along each square plus 3 sts in joins—368 sts.

Join to work in the round, placing marker. Purl 3 rounds; cut E.

Join yarns for intarsia in the round, placing markers in first and last stitch: with zinfindel, k92 to end of first colorway; with cedar green, k92 to end of next colorway; with dusty rose, k92 to end of third colorway; with cabernet, k92 to end of last colorway. Turn work to inside.

**Rnd 1 (WS)** Yo; keeping stitches in same color and interlocking yarns, purl to last st; join last st and yo from start of row with p2tog. Turn work.

**Rnd 2 (RS)** Yo; keeping stitches in same color and interlocking yarns, knit to last st; join last st and yo from start of row with ssk. Turn work.

Repeat last 2 rounds once; do not turn work at end of last row. Cut all yarns.

Resume working in the round. With E, knit 1 rnd, purl 2 rnds.

Knit 1 round each zinfindel, cedar green, cabernet, cedar green, zinfindel. With E, knit 1 rnd, purl 2 rnds. Knit 2 rounds zinfindel; knit 1 round cedar green; knit 2 rounds zinfindel.

With E, knit 1 rnd, purl 4 rnds. Bind off purlwise.



## Finishing

Weave in ends; block cowl.

 *Thank you!*

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Thank you for respecting the time and work that went into the creation of this pattern!